



### **Determining if Insurance Covers Healing Nutrition Services**

The following are instructions to guide you through determining if your insurance company covers our nutritional services.

To begin, contact your insurance company by calling the number on the back of your card and document the answers to the following questions.

- Does my plan cover outpatient nutrition counseling? (CPT codes: 97802, 97803)
  - If you plan to book Healing Nutrition via telehealth; does it cover telehealth nutrition counseling?
- If yes, how many sessions or units are covered?
- Does my plan only cover visits that are “medically necessary”? or does it also cover preventive services? (code: Z71.3)
- Do I need a physician referral?
- Do I have to meet a deductible first? - If yes, how much is my deductible?
- What is my co-pay for nutrition counseling services?

\*Be sure to record the representative’s name and a reference # when checking your benefits. This information will be necessary if you ever need to dispute a rejected claim.

\*If a physician referral form is required, Healing Nutrition, LLC can provide you with a referral form to take to your physician.